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Enfermeria en psiquiatria y salud mental libro pdf

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Up-to-date edition of a comprehensive work that thoroughly reviews the knowledge and application of psychiatric nursing assistance. It combines clinical research with daily practice, relying on its readability, consistent approach, case studies, and clinical examples, emphasizing evidence-based practice. The book is structured around a fundamental coverage of all basic principles of psychiatric nursing, presenting a continuous assistance process, from promoting mental health to intervening in crises and recovery. The work covers the principles of psychiatric nursing and applies them to specific clinical disorders based on adaptation-inadaptation responses to problems, the six-step nursing process, and DSM-IV-TR and NANDA diagnoses. The final chapters describe various treatment modalities, hospital and community assistance, and special population treatments. Each chapter includes fixed sections: learning objectives and outline, introducing basic concepts and organization; review questions, helping to master the content; key points, highlighting fundamental concepts; and key terms, bolded throughout the text, enumerated at the end of each chapter, and included in the glossary at the end of the work. Notable aspects of Psychiatric Nursing include Stuart's stress adaptation model, a framework for understanding health and well-being in nursing practice based on a global biopsychosocial approach; coverage of current psychobiological and psychopharmacological aspects, reflecting the importance of biology in psychiatry; clinical chapters providing exhaustive and balanced coverage of major disorders; treatment plan summaries and patient and family education, guiding assistance in treating major disorders; therapeutic dialogues, showcasing interactions with patients that facilitate therapeutic communication. This eighth edition includes new chapters exploring recent and relevant trends: "The Family as a Resource, Caregivers, and Collaborators," "Family Interventions," "Community Nursing in Psychiatric Assistance," and "Psychological Assistance for Patients with Potentially Fatal Illness." Also new are NIC and NOC definitions presented in a separate chapter, as well as their incorporation into chapters corresponding to each disorder. La intervención en crisis y recuperación son temas clave que se abordan en esta obra actualizada. Cada capítulo cuenta con apartados fijos como objetivos de aprendizaje, preguntas de repaso y puntos fuertes para resaltar los conceptos fundamentales. Además, términos clave se resaltan en negrita a lo largo del texto y se enumeran al final de cada capítulo, incluyéndose en el glosario al final de la obra. Esta octava edición incluye nuevos capítulos que exploran tendencias relevantes como la familia como recurso, cuidadores y colaboradores, intervenciones en la familia, enfermería comunitaria en asistencia psiquiátrica y asistencia psicológica de pacientes con enfermedad potencialmente mortal. Esta obra es esencial tanto para la formación como para la práctica clínica y constituye un gran aporte a la literatura científica de enfermería psiquiátrica y salud mental, ofreciendo una visión integradora de la persona con problemas mentales.